

New Patient Pre-Examination Information

PATIENT INFORMATION

Name _____ Date of Birth ____ / ____ / ____

Address _____ City _____ State ____ Zip _____

Phone _____ Email _____

Emergency Contact _____ Phone _____

Language _____

Race American Indian or Alaska Native Asian Black or African American Native Hawaiian or Other Pacific Islander White

Ethnicity Hispanic or Latino Not Hispanic or Latino Gender Male Female Marital Status Single Married Divorced

Current Employer _____ Occupation _____

Do you have a Health Care Proxy If so, Agent _____
 Living Will DNR Medical Orders for Life-Sustaining Treatment

PAST HISTORY

Have you ever had (Please check):

- High Blood Pressure High Cholesterol Heart Disease Pneumonia Asthma Lung Disease
- Tuberculosis Diabetes Cancer Ulcers/ Reflux Hepatitis Chicken Pox HIV Blood Transfusion
- Other _____

FAMILY HISTORY

Who in your family has:

Cancer	<input type="checkbox"/> Father	<input type="checkbox"/> Mother	<input type="checkbox"/> Brother (s)	<input type="checkbox"/> Sister(s)	<input type="checkbox"/> Other
Lung Disease	<input type="checkbox"/> Father	<input type="checkbox"/> Mother	<input type="checkbox"/> Brother (s)	<input type="checkbox"/> Sister(s)	<input type="checkbox"/> Other
Stroke	<input type="checkbox"/> Father	<input type="checkbox"/> Mother	<input type="checkbox"/> Brother (s)	<input type="checkbox"/> Sister(s)	<input type="checkbox"/> Other
Tuberculosis	<input type="checkbox"/> Father	<input type="checkbox"/> Mother	<input type="checkbox"/> Brother (s)	<input type="checkbox"/> Sister(s)	<input type="checkbox"/> Other
High Cholesterol	<input type="checkbox"/> Father	<input type="checkbox"/> Mother	<input type="checkbox"/> Brother (s)	<input type="checkbox"/> Sister(s)	<input type="checkbox"/> Other
Diabetes	<input type="checkbox"/> Father	<input type="checkbox"/> Mother	<input type="checkbox"/> Brother (s)	<input type="checkbox"/> Sister(s)	<input type="checkbox"/> Other
Heart Disease	<input type="checkbox"/> Father	<input type="checkbox"/> Mother	<input type="checkbox"/> Brother (s)	<input type="checkbox"/> Sister(s)	<input type="checkbox"/> Other
High Blood Pressure	<input type="checkbox"/> Father	<input type="checkbox"/> Mother	<input type="checkbox"/> Brother (s)	<input type="checkbox"/> Sister(s)	<input type="checkbox"/> Other
Osteoporosis/Arthritis	<input type="checkbox"/> Father	<input type="checkbox"/> Mother	<input type="checkbox"/> Brother (s)	<input type="checkbox"/> Sister(s)	<input type="checkbox"/> Other
Mental Illness	<input type="checkbox"/> Father	<input type="checkbox"/> Mother	<input type="checkbox"/> Brother (s)	<input type="checkbox"/> Sister(s)	<input type="checkbox"/> Other

PATIENT NAME _____ Date of Birth ____/____/____

PRE-EXAMINATION INFORMATION

Have you had any operations or been a patient in a hospital? No change since last visit or last physical

Type/Reason	Year	Hospital/Location	Physician/Surgeon
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Please list present medication with dosage and how taken: (bring in all medicines to your appointment)

Medicine	Dosage	Medicine	Dosage
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Do you use non-prescription medicines, diet supplements, vitamins, calcium, iron? Yes No If yes, please list: _____

Please list any allergies to medications and your reaction: _____

Did you ever smoke? Yes No Do you smoke now? Yes No
If yes, how much? _____ What? _____ How long? _____

Do you drink alcohol? Yes No If yes, what and how much? _____

Have you ever used illegal substances? Yes No

Have you had immunizations?

Shingles: Year _____ Pneumovax: Year _____ Tetanus: Year _____ Flu: Year _____

Have you had any of the following?

Chest X-ray CT Scan MRI Barium Enema Tuberculin Skin Testing Stress Test Sigmoid/Colonoscopy GI Series

List other doctors you see: _____

What is your weight? _____ Height? _____ Has it changed in the last 6 months? Yes No Gain _____ Lost _____

Do you sleep well? Yes No How many hours? _____ Has it changed in the last 6 months? Yes No

Have you ever been employed in an area that exposed you to hazardous infections or substances? Yes No

If yes, explain: _____

Do you follow any special diet? Yes No If yes, explain: _____

Amount of coffee, tea, cola daily: _____ Amount of salt Large Medium Small

FOR MEN AND WOMEN:

Are you sexually active? Yes No Sexual Orientation: Heterosexual Homosexual Bisexual

FOR WOMEN ONLY:

Name of OB/GYN Physician: _____ Date of last pap smear _____

Date of last mammography _____ Date of last bone density _____

Date of last breast examination _____ Do you do self- exams? Yes No

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MENSTRUAL HISTORY:

Age at onset _____ Length of cycle (between periods) _____ Days of flow _____

Heavy Medium Light Are they regular? Yes No Pain or Cramps? Yes No

Date of last period _____ Vaginal discharge _____

PREGNANCIES:

How many pregnancies? _____ How many miscarriages? _____ Any stillbirths? _____

Any complications? Yes No If yes, explain _____

FOR MEN ONLY:

Date of last PSA _____ Date of last rectal exam _____ Do you perform regular testicular exams? Yes No

SYMPTOMS

Are you having (please check):

EYES

- Blurred or Double Vision
- Glaucoma
- Cataracts
- See floating spots
- Wear glasses, contact lenses
- Macular Degeneration

EARS/NOSE/THROAT

- Deafness/hearing aids
- Earaches
- Ringing in ears
- Frequent colds/hoarseness/sore throat
- Nose bleeds
- Swollen glands
- Runny nose, post nasal drip
- Phlegm/sputum
- False teeth
- Bleeding from teeth or gums
- Difficulty chewing
- Sores on your tongue

CHEST

- Asthma
- Persistent cough
- Wheezing
- Lung disease

Snoring

- Sleep apnea
- Shortness of breath
- Pain/pressure/discomfort in chest
- Palpitations/irregular beats
- Heart trouble
- High blood pressure
- Dizziness/fainting
- Blood clots in lungs or legs
- Swelling in ankles
- Discomfort in legs when walking or at rest

ABDOMEN

- Indigestion/heartburn
- Nausea/vomiting
- Hiatal hernia
- Ulcers
- Gallbladder problems
- Loss of appetite
- Intolerance of certain foods
- Abdominal pain
- Pulse sensation
- Change in bowel habits
- Diarrhea
- Constipation
- Bloody/black bowel movements
- Pain in rectum
- Hemorrhoids (piles)

URINARY TRACT

- Kidney or bladder trouble
- Discomfort passing urine
- The urge to urinate at night
- Loss of urine when coughing or sneezing
- Trouble making a stream
- Reoccurring urinary tract infections
- Kidney stones
- Difficulty with sexual ability
- Venereal disease

LYMPH NODES

- Swelling

MUSCLES/NERVES

- Difficult to walk or stand
- Broken bones
- Arthritis
- Bursitis
- Pain/swelling in joints
- Muscle weakness
- Back pain/problems
- Headaches, frequent/severe
- Migraine headaches
- Convulsions/seizures
- Paralysis
- Tremor
- Pain/numbness/tingling
- Fingers/toes
- Around mouth

SKIN

- Easily bruised
- Sores that won't heal
- Rashes
- Acne

ENDOCRINE

- Ability to tan easily
- Feel warmer or colder than the rest of the family
- Anemia
- See floating spots
- Thyroid disease
- Diabetes

MENTAL STATUS

- Difficult with memory
- Depression/suicidal thoughts
- Anxiety
- Irritability
- Feeling of panic

CONSTITUTIONAL

- Energy level
- Stamina
- Fatigue
- Fever/chills

Patient Signature

Date

Reviewed by

Date